

Ottawa International Self-Transcendence Races

REGISTRATION FORM

Registration Instructions:

1. Complete the Form below
2. Sign the Waiver
3. Make cheques payable to: Sri Chinmoy Marathon Team
4. Mail completed Form and cheque to: Sanchita Fleming 67A Sparks Street, Suite 200, Ottawa ON K1P 5A5 Telephone 613-233-7475/Fax 613-233-8236

Please indicate desired event:

<input type="checkbox"/> 6 hour	<input type="checkbox"/> 12 hour	<input type="checkbox"/> 24 hour
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Name: _____

Address: _____

City: _____ Prov/State: _____ Postal/ZIP: _____

Phone: (____) _____ E-Mail: _____

Date of Birth MM ____ DD ____ YY ____ Sex: Male ____ Female ____

Age on Race Day: _____

Age on race day (Category Prizes) <40 ____ 40-49 ____ 50+ ____ (place check mark)

Age on July 31st/10 (Series Points) <40 ____ 40-49 ____ 50+ ____ (place check mark)

First Time Running this Event? ____ yes ____ no

CMAA No. (24 hr race only): _____ or \$5 Race Day CMAA

Membership: ____ yes ____ no

(Note: Runners must be 35 & over to qualify for CMAA Awards. Add \$5 to entry fee for a Race Day CMAA Membership.)

Registration fee includes pre-race dinner and T-shirt

Fees for 24 Hour: \$150 CDN by September 7th; \$170 CDN September 8 - 22. Make cheques payable to: Sri Chinmoy Marathon Team

Fees for 12 Hour: \$90 CDN by September 7th; \$110 CDN September 8 - 22. Make cheques payable to: Sri Chinmoy Marathon Team

Fees for 6 Hour: \$60 CDN by September 7th; \$75 CDN between September 8 - 22

Pre-Race Meal: Pre-race dinner is at the race site (Louis-Riel Dome) 5-7 p.m. on Friday September 24th

Please add \$20 for each guest, which will cover their food throughout the entire event, or \$5 per guest for this dinner only. Guests will be given cards as proof of payment.

Race kit available during pre-race dinner (Louis-Riel Dome)

Friday 24 September between 5:00 pm - 7:00 pm and 7:00 am - 7:30 am on race day September 25th

Food for Guests: How many: @ \$20 each _____ and/or @ \$5 each for Pre Race Dinner _____

(Please include guest food payment with the entry fee. Guests will be given cards as proof of payment.)

ORA/OTFA No.: _____ Shirt Size: S M L XL

Previous Best Marathon/Ultra Time _____

Occupation: _____ (optional)

Release Waiver and Indemnity

To participate in the Ottawa 6/12/24 Hour Self-Transcendence Race on Saturday September 25th, 2010, I accept, have read and understand all rules and regulations of the Ontario Ultra/Trail Series and of this specific event that I am entering and will comply fully with them. I am aware that a run of the distance and conditions specified for the specific event I am entering may be extremely difficult and hazardous even for well-conditioned athletes under the most favourable conditions. I understand that I should not participate in this event unless: (1) I am in excellent physical condition, (2) I have trained adequately for this event, and (3) I have no medical condition that might be worsened by vigorous activity. Knowing these facts, and in consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive, release and discharge the Ontario Ultra/Trail Series and all its officials, the Ontario Road Runners Association, The Ontario Track and Field Association, all of the various sponsors, the Race Director, the Sri Chinmoy Marathon Team and their staff, agents, officials, Deerhurst Web, volunteers, or any other person involved in this specific event, and all government or private jurisdictions including The City of Ottawa, the Louis-Riel Dome, the Conseil des ecole publique de l'Est de l'Ontario, in which the specific event may take place from any and all claims of liability, for any and all injuries to me (including, but not limited to death), or my property arising out of, or in connection with, this event and covenant not to sue for damages with respect thereto. This release extends to all claims of every kind and nature whether foreseen or unforeseen, known or unknown. I declare that I have sufficiently trained to participate in this event and assume all risks associated with such participation in such an event. The race director(s), the Sri Chinmoy Marathon Team, and/or the Louis-Riel Dome hold the right to cancel any event should weather or any other condition make it potentially unsafe for the participants and/or event volunteers, and reserve the right to remove any participant from a race for any reason including but not limited to infraction of rules or for medical reasons. Finally, I hereby grant my permission to the Sri Chinmoy Marathon Team and Ontario Ultra and Trail Series sponsors to use my name, mailing address and any photographs, videotapes, recordings, or any record of my participation in this event for any purpose. My personal information will not be sold by either the Ontario Ultra and Trail Series or their sponsors.

Signature _____